

Peers in Patho Winter Semester Week 1 Newsletter

Welcome back everyone and congratulations on entering your fourth semester of nursing! I hope you have had time to rest and relax because we are jumping right back into it!

Alright, first take a deep breath. Pathophysiology is a lot to learn but I assure you, once you understand this, the rest of your courses make a lot more sense.

If you haven't already, take some time to look at the syllabus and mark down the dates of the quizzes, midterm, and group project due dates. Having these outlined ahead of time will set you up to be organized for the semester. Hint, you can do this with all your courses!

The first quiz will be in week 3 and is worth 7.5% of your final grade.

For unit 1 we will be picking up where we left off with alterations of pulmonary function – part 2. This will cover disorders of the chest wall and pleura, restrictive lung diseases, respiratory tract infections, pulmonary vascular disease, and malignancies. It sounds like a lot... but I promise it is manageable!

The textbook readings covering this material are chapter 27: Alterations of Pulmonary Function and Chapter 28: Alterations of Pulmonary Function in Children. There is also a journal article posted in the syllabus for this unit. It is an informative read that I would suggest you take the time to look at. Chapter 27 is also listed for "Patho Online."

As Dr. Othman mentions often, it is important to understand the anatomy before getting into pathophysiology.

Ensure to look over your anatomy notes related to the structure and function of the respiratory system. For all the auditory and visual learners, a video can be viewed using the attached link.

Remember to ask questions and take notes! There are also [Quizlets](#) posted on the Peers in Patho website, and a link to some nursing games that you can use to test your knowledge!

Let's have a good semester everyone, start strong, you've got this!

